

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		<p>1</p> <p>9:00am Rise & Shine 9:30am Coffee & Donuts 10:30am New Year's Resolutions</p> <p>New Year's Day</p>	<p>2</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>3</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Trivia 1:00pm Daily Chronicle & Mail 2:30pm Afternoon Stroll</p>	<p>4</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Morning Stroll 11:00am Daily Chronicle & Mail 2:30pm Bingo (AL)</p>	
<p>5</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 1:00pm Daily Chronicle 2:00pm Nail care</p>	<p>6</p> <p>9:00am Rise & Shine 9:30am Coffee & Daily Chronicle 10:30am Bingo (E3) 1:00pm Daily Chronicle Mail 2:00pm Afternoon Stroll</p>	<p>Beauty Shop 7</p> <p>9:30am Coffee Cart 10:30am Pet Therapy 1:30pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>8</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Matinee (AL)</p>	<p>9</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Crafts 1:00pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>10</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Trivia 1:00pm Daily Chronicle & Mail 2:30pm Afternoon Stroll</p>	<p>11</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Morning Stroll 11:00am Daily Chronicle & Mail 2:30pm Bingo (AL)</p>
<p>12</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:00am Communion 1:00pm Matinee (AL)</p>	<p>13</p> <p>9:00am Rise & Shine 9:30am Coffee & Daily Chronicle 10:30am Bingo (E3) 1:00pm Daily Chronicle Mail 2:15pm Nail Care</p>	<p>Beauty Shop 14</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:00am Decree W/Danny (AB) 1:30pm Mail & Daily Chronicles 2:30pm Bingo (AL)</p>	<p>15</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Matinee (AL)</p>	<p>16</p> <p>9:30am Coffee & News 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Happy Hour W/Gordy Taylor (PUB)</p>	<p>17</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Trivia 1:00pm Daily Chronicle & Mail 2:30pm Afternoon Stroll</p>	<p>18</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Morning Stroll 11:00am Daily Chronicle & Mail 2:30pm Bingo (AL)</p>
<p>19</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 1:00pm Daily Chronicle 2:00pm Nail care</p> <p>Activity Professionals Week</p>	<p>20</p> <p>9:00am Rise & Shine 9:30am Coffee & Daily Chronicle 10:30am Bingo (E3) 1:00pm Daily Chronicle Mail 2:00pm Afternoon Stroll</p> <p>Martin Luther King Jr. Day</p>	<p>Beauty Shop 21</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Indoor Stroll 1:30pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>22</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Matinee (AL)</p>	<p>23</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Craft 1:00pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>24</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Trivia 1:00pm Daily Chronicle & Mail 2:30pm Afternoon Stroll</p>	<p>25</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Morning Stroll 11:00am Daily Chronicle & Mail 2:30pm Bingo (AL)</p>
<p>26</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 1:00pm Daily Chronicle 2:00pm Nail care</p> <p>Australia Day (Observed)</p>	<p>27</p> <p>9:00am Rise & Shine 9:30am Coffee 10:30am Catholic Mass (E2) 1:00pm Afternoon stroll 2:15pm Nail Care</p>	<p>Beauty Shop 28</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:00am Decree W/Danny (E2) 10:30am Resident Council 2:30pm Bingo (AL)</p>	<p>29</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Matinee (AL)</p> <p>Chinese New Year (Year of the Snake)</p>	<p>30</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>31</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Trivia 1:00pm Daily Chronicle & Mail 2:30pm Afternoon Stroll</p>	

Activities are subject to change!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Amherst Manor: Willow Memory Care

			<p>9:00am Rise & Shine 1 9:30am Coffee & News 10:30am New Year's Resolutions</p> <p>Happy New Year!</p> <p><small>New Year's Day</small></p>	<p>9:00am Rise & Shine 2 9:30am Coffee & News 10:30am Nail Care 1:30pm Snack Cart 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 3 9:30am Coffee & News 10:30-3:00pm Resident Bus Trip</p>	<p>9:00am Rise & Shine 4 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail</p>
<p>9:30am Coffee & News5 10:30am Nail Care 11:30pm Daily Chronicle & Mail</p>	<p>9:00am Rise & Shine 6 9:30am Coffee & News 10:30am Exercise 1:30pm Craft 2:30pm Afternoon Social</p>	<p>9:00am Rise & Shine 7 9:30am Coffee & News 10:30am Pet Therapy 1:30pm Nail Care 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 8 9:30am Coffee & News 10:30am Board Games 1:00pm 1:1 visit</p>	<p>9:00am Rise & Shine 9 9:30am Coffee & News 10:30am Nail Care 1:30pm Snack Cart 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 10 9:30am Coffee & News 10:30am Reminiscing 1:30pm Trivia 2:30pm Matinee</p>	<p>9:00am Rise & Shine 11 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail</p>
<p>9:00am Rise & Shine 12 9:30am Coffee & News 10:00am Communion 11:00am Music Therapy 1:00pm Matinee</p>	<p>9:00am Rise & Shine 13 9:30am Coffee & News 10:30am Exercise 1:30pm Craft 2:30pm Afternoon Social</p>	<p>9:00am Rise & Shine 14 9:30am Coffee & News 10:00am Decree W/Danny 1:30pm Nail Care 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 15 9:30am Coffee & News 10:30am Board Games 1:00pm 1:1 visit</p>	<p>9:00am Rise & Shine 16 9:30am Coffee & News 10:30am Bingo! 1:30pm Indoor Walk 2:00pm Music W/Gordy Taylor</p>	<p>9:00am Rise & Shine 17 9:30am Coffee & News 10:30am Reminiscing 1:30pm Trivia 2:30pm Matinee</p>	<p>9:00am Rise & Shine 18 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail</p>
<p>9:30am Coffee & News19 10:30am Nail Care (E2) 11:30pm Daily Chronicle & Mail</p> <p><small>Activity Professionals Week</small></p>	<p>9:00am Rise & Shine 20 9:30am Coffee & News 10:30am Exercise 1:30pm Craft 2:30pm Afternoon Social</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>9:00am Rise & Shine 21 9:30am Coffee & News 10:30am Exercise 1:30pm Nail Care 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 22 9:30am Coffee & News 10:30am Board Games 1:00pm 1:1 visit</p>	<p>9:00am Rise & Shine 23 9:30am Coffee & News 10:30am Nail Care 1:30pm Snack Cart 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 24 9:30am Coffee & News 10:30am Reminiscing 1:30pm Trivia 2:30pm Matinee</p>	<p>9:00am Rise & Shine 25 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail</p>
<p>9:30am Coffee & News26 10:30am Nail Care 11:30pm Daily Chronicle & Mail</p> <p><small>Australia Day (Observed)</small></p>	<p>9:00am Rise & Shine 27 9:30am Coffee & News 10:30am Catholic Mass 1:30pm Snack Cart 2:00pm Resident Council</p>	<p>9:00am Rise & Shine 28 9:30am Coffee & News 10:00am Decree W/Danny 10:30am Pet Therapy 1:30pm Nail Care 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 29 9:30am Coffee & News 10:30am Board Games 1:00pm 1:1 visit</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>9:00am Rise & Shine 30 9:30am Coffee & News 10:30am Nail Care 1:30pm Snack Cart 2:30pm Bingo!</p>	<p>9:00am Rise & Shine 31 9:30am Coffee & News 10:30am Reminiscing 1:30pm Trivia 2:30pm Matinee</p>	<p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail</p>

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<p>5</p> <p>9:30am Coffee & News 10:30am Nail Care (E2) 11:30pm Daily Chronicle & Mail 1:00pm 1:1 Visits</p>	<p>6</p> <p>9:00am Rise & Shine 9:30am Coffee & Daily Chronicle 10:30am Bingo (E3) 1:00pm Room Visits 2:30pm Library Cart</p>	<p>Beauty Shop</p> <p>7</p> <p>9:30am Coffee Cart 10:30am Pet Therapy 1:30pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>8</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Matinee on units</p>	<p>9</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>10</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Rummy Group 1:00pm Mail & Daily Chronicle 2:00pm Nail Care</p>	<p>11</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail 2:30pm Bingo (AL)</p>
<p>12</p> <p>9:00am Rise & Shine 9:30am Coffee 10:00am Communion 1:00pm Matinee (AL)</p>	<p>13</p> <p>9:00am Rise & Shine 9:30am Coffee & Daily Chronicle 10:30am Bingo (E3) 1:00pm Room Visits 2:30pm Library Cart</p>	<p>Beauty Shop</p> <p>14</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:00am Decree W/Danny 1:30pm Mail & Daily Chronicles 2:30pm Bingo (AL)</p>	<p>15</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Matinee on units</p>	<p>16</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Happy Hour W/Gordy Taylor (PUB)</p>	<p>17</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Trivia 1:00pm Mail & Daily Chronicle 2:00pm Room Visits</p>	<p>18</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail 2:30pm Bingo (AL)</p>
<p>19</p> <p>9:30am Coffee & News 10:30am Nail Care (E2) 11:30pm Daily Chronicle & Mail 1:00pm 1:1 Visits</p> <p><small>Activity Professionals Week</small></p>	<p>20</p> <p>9:00am Rise & Shine 9:30am Coffee & Daily Chronicle 10:30am Bingo (E3) 1:00pm Room Visits 2:30pm Library Cart</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>Beauty Shop</p> <p>21</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Indoor Stroll 1:30pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>22</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:00pm Matinee on units</p>	<p>23</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Exercise 1:00pm Mail & Daily Chronicle 2:30pm Bingo (AL)</p>	<p>24</p> <p>9:00am Rise & Shine 9:30am Coffee Cart 10:30am Rummy Group 1:00pm Mail & Daily Chronicle 2:00pm Nail Care</p>	<p>25</p> <p>9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 11:30am Daily Chronicle & Mail 2:30pm Bingo (AL)</p>
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