

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|---|---|---|---|--|---|---|
| INDEPENDENT ACTIVITIES 1<br>9:30-Church Service(Chapel)<br>1:30-Afternoon Movie(LR)<br>3:00-Social Hour(Bar)                                  | 10:00-Yoga w/Stephen(AR)2<br>11:30-Glory Singers(AR)<br>1:30-Bingo(AR)<br>3:00-Social Hour(Bar)                                     | 10:00-Exercise w/Therapy 3<br>11:00-St.Helena Church<br>2:00-Bible Study(AR)<br>2:00-Game of Choice(Bar)<br>3:00-Social Hour(Bar)       | 10:00-Yoga w/Stephen(AR)4<br>11:30-Trivia(LR)<br>2:00-St.Peters Church-Chapel<br>3:00-Social Hour Music w/<br>Dale(Bar)<br>6:15-Bingo(AR)   | 10:00-Exercise w/Therapy 5<br>11:00-Morning Walk(Front)<br>1:30-Rosary w/St.Peters<br>1:30-Rummique(Bar)<br>3:00-Social Hour(Bar)<br><br>Happy Birthday John C.        | 11:15-Lunch Outing at GG's6<br>in Port Royal (Front)<br>1:30-Decorate Christmas<br>Tree(DR)<br>3:00-Social Hour(Bar)                              | INDEPENDENT ACTIVITIES 7<br>10:00-Breakfast w/Santa-<br>Community Event(Front)<br><br>1:30-Bingo(AR)<br>3:00-Social Hour(Bar)<br>6:00-TCM Movie(Ch.256) |
| INDEPENDENT ACTIVITIES 8<br>9:30-Church Service(Chapel)<br>1:30-Afternoon Movie(LR)<br>3:00-Social Hour(Bar)<br><br>Happy Birthday Barbara P. | 10:00-Yoga w/Stephen(AR)9<br>11:30-Daily Chronicles(LR)<br>1:30-Bingo(AR)<br>3:00-Social Hour(bar)<br><br>Happy Birthday Eleanor P. | 10:00-Exercise w/Therapy10<br>11:00-St.Helena Church<br>2:00-Bible Study(AR)<br>2:00-Rummikub(Bar)<br>3:00-Social Hour(Bar)             | 10:00-Yoga w/Stephen(AR)11<br>11:30-Daily Chronicles(LR)<br>2:00-Trivia Pursuit(Bar)<br>3:00-Social Hour(Bar)<br>6:15-Bingo(AR)   | 10:00-Exercise w/Therapy12<br>11:00-Trivia(LR)<br>12:00-Vetrans Lunch<br>@Amvets(Front)<br>1:30-Rosary w/St.Peters<br>2:00-Paint w/Cheryl(AR)<br>3:00-Social Hour(Bar) | 10:30-Christmas Cookie 13<br>Decorating(Bar)<br>1:45-Rummikub(Bar)<br>3:00-Social Hour Music<br>w/Debbie and Wayne                                | INDEPENDENT ACTIVITIES14<br>1:30-Bingo(AR)<br>3:00-Social Hour(Bar)<br>6:00-TCM Movie(Ch.256)   |
| INDEPENDENT ACTIVITIES15<br>9:30-Church Service(Chapel)<br>1:30-Afternoon Movie(LR)<br>3:00-Social Hour(Bar)                                  | 10:00-Yoga w/Stephen(AR)16<br>11:30-Daily Chronicles(LR)<br>1:30-Bingo(AR)<br>3:00-Social Hour(Bar)                                 | 10:00-Exercise w/Therapy17<br>11:00-St.Helena Church<br>2:00-Bible Study(AR)<br>2:00-UNO Cards(Bar)<br>3:00-Social Hour(Bar)            | 10:00-Yoga w/Stephen(AR)18<br>11:00-Whale Branch School<br>Chorus(Front)<br>1:30-Rummikub(AR)<br>5:00-Christmas Dinner<br>w/Family(Bar)<br>Christmas Music w/St.Helena<br>Parrish Choir | 10:00-Exercise w/Therapy19<br>11:00-Morning Walk(Front)<br>1:30-Rosary w/St.Peters<br>3:00-Social Hour Music<br>w/Mike Sweat   | 10:30-Christmas 20<br>Shopping(Meet Up front)<br>1:30-Christmas Trivia<br>w/Cookies(Bar)<br>3:00-Social Hour(Bar)                                 | INDEPENDENT ACTIVITIES21<br>1:30-Bingo(AR)<br>3:00-Social Hour(Bar)<br>6:00-TCM Movie(Ch.26)<br><br>Winter Begins                                       |
| INDEPENDENT ACTIVITIES22<br>9:30-Church Service(Chapel)<br>1:30-Afternoon Movie(LR)<br>3:00-Social Hour(Bar)                                  | 10:00-Yoga w/Stephen(AR)23<br>11:30-Trivia(LR)<br>1:30-Resident Council(AR)<br>3:00-Social Hour(Bar)                                | 10:00-Exercise w/Therapy24<br>11:00-St.Helena Church<br>2:00-Bible Study(AR)<br>2:00-Game Of Choice(Bar)<br>3:00-Social Hour(Bar)       | MERRY CHRISTMAS 25<br><br>INDEPENDENT ACTIVITIES<br><br>Hanukkah Begins<br>Christmas  | 10:00-Exercise w/Therapy26<br>11:30-Daily Chronicles<br>1:45-Ice Cream<br>Sundaes(Bar)<br>3:00-Social Hour(Bar)<br><br>Boxing Day (Canada)<br>Kwanzaa                  | 11:30Lunch Outing(Front)27<br>1:30-Rummique(Bar)<br>3:00-Social Hour Music<br>w/Wayne<br>4:00-CELEBRATING OUR<br>VETERANS FOR THE<br>HOLIDAY(BAR) | INDEPENDENT ACTIVITIES28<br>1:30-Bingo(AR)<br>3:00-Social Hour(Bar)<br>6:00-TCM Movie(Ch.256)   |
| INDEPENDENT ACTIVITIES29<br>9:30-Church Service(Chapel)<br>1:30-Afernoon Movie(LR)<br>3:00-Social Hour(Bar)                                   | 10:00-Yoga w/Stephen(AR)30<br>11:30-New Years Trivia(LR)<br>1:30-Bingo(AR)<br>3:00-Social Hour Music<br>W/Nick                      | 10:00-Exercise w/Therapy 31<br>11:00-St.Helena Church<br>2:00-Bible Study(AR)<br>3:00-New Years Eve<br>Party(Bar)<br><br>New Year's Eve |    |  |   |   |

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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|--|--|--|---|--|--|--|
| <p>1</p> <p>10:30-Scripture Reading<br/>11:00- Exercise<br/>1:00- Paint Me<br/>5:00-Dinner sounds</p>                              | <p>Fritter Day</p> <p>2</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- What's that?<br/>3:00- Fritters<br/>4:00- Fun Facts<br/>5:00- Classical Music</p>                                 | <p>3</p> <p>10:30-Coffee &amp; donuts<br/>11:00- Stretches<br/>2:00 - Toss it<br/>3:00 Snack Pass<br/>4:00 Trivia Tuesday<br/>5:00-Live Waterfalls w/Music</p>                                 | <p>Cookie Day</p> <p>4</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Arts &amp; Crafts<br/>3:00- Cookie Baking<br/>4:00- Reminisce<br/>5:00-60's Music</p>   | <p>5</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Noodle Ball<br/>2:00- Puzzle Palooza<br/>3:00- Snack Pass<br/>4:00- Devotions<br/>5:00-70's music</p>                                       | <p>6</p> <p>10:30- Juice and Jokes<br/>11:00-Exercise<br/>2:00- Men's Club<br/>3:00 - Chit Chat<br/>4:00-Making Music<br/>5:00 Listening to the oldies</p>                                     | <p>Cotton Candy Day</p> <p>7</p> <p><b>10:00- Breakfast with Santa</b><br/>11:00- Exercise<br/>2:00 -Nail Spa<br/>5:00- Dinner Sounds</p>                  |
| <p>Brownie Day</p> <p>8</p> <p>10:30-Scripture Reading<br/>11:00- Exercise<br/>1:00- Make &amp; Take<br/>5:00-Dinner sounds</p>    | <p>9</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Play Dough with me<br/>3:00- Brownie Bites<br/>4:00- December Facts<br/>5:00-Christmas sounds</p>                                    | <p>10</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Balloon Toss<br/>2:00- Ice Cream-Maynards<br/>4:00 Trivia Tuesday<br/>5:00-Dinner Melodies</p>   | <p>11</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Movin and groovin<br/>2:00 Pet visits<br/>3:00-Movie &amp; Popcorn<br/><b>5:00- 7:00 Christmas Dinner SNF</b></p>           | <p>Gingerbread house Day</p> <p>12</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Kick Ball<br/>3:00- Gingerbread cookie decorating<br/>4:00- Devotions<br/>5:00-Country Music</p>              | <p>13</p> <p>10:30-Coffee &amp; News<br/>11:00-Exercise<br/>1:00- Puzzle Power<br/>2:00- Ladies' Day<br/>4:00- Music &amp; Memory<br/>5:00-Dinner w/Music</p>                                  | <p>14</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Hand Massage<br/>5:00-Dinner sounds</p>   |
| <p>Lemon cupcake Day</p> <p>15</p> <p>10:30-Scripture Reading<br/>11:00- Exercise<br/>1:00- Color Time<br/>5:00-Dinner sounds</p>  | <p>Chocolate covered Day</p> <p>16</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Chocolate Trivia<br/>3:00- Chocolate dipping<br/>4:00- Fidgeting Fingers<br/>5:00- Classical Music</p> | <p>Maple syrup Day</p> <p>17</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Balloon Ball<br/>2:00- Make an ornament<br/>3:00 Snack Pass<br/>4:00- Puzzle Palooza<br/>5:00- Reggae Music</p>         | <p>18</p> <p>10:30-Coffee &amp; Chat<br/>11:00- <b>Whale Branch Chorus</b><br/>2:00 - Arts &amp; Crafts<br/>3:00- Snack Pass<br/>4:00- Silly News<br/>5:00-Dinner Music</p> | <p>Oatmeal Muffin Day</p> <p>19</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Stretches<br/>2:00- Stocking making<br/>3:00- Post card travels<br/>4:00- Devotions<br/>5:00-Soothing Sounds</p> | <p>20</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>4:00- Making music<br/>5:00-Waterfalls</p>  | <p>Ugly sweater Day</p> <p>21</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Nail Spa<br/>5:00-Dinner sounds</p>                             |
| <p>Date nut bread</p> <p>22</p> <p>10:30-Scripture Reading<br/>11:00- Exercise<br/>1:00- Make a picture<br/>5:00-Dinner sounds</p> | <p>23</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Make a word<br/>3:00- Arts &amp; Crafts<br/>4:00- Learn about Georgia<br/>5:00-Soothing Sounds</p>                                  | <p>Eggnog Day</p> <p>24</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Balloon Toss<br/>2:00- Painting<br/>3:00- Eggnog tasting<br/>4:00- Trivia Tuesday<br/>5:00- Dinner Music</p>                 | <p>Pumpkin Pie Day</p> <p>25</p> <p>11:00- Coffee &amp; chat<br/>1:00- Christmas stories</p> <p><b>Merry Christmas!</b></p> <p>Hanukkah Begins<br/>Christmas</p>            | <p>26</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Stretches<br/>3:00- Birthday Bash<br/>4:00- Devotions<br/>5:00-Soft Sounds</p> <p>Boxing Day (Canada)<br/>Kwanzaa</p>                      | <p>Make a snowflake Day</p> <p>27</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Make a snowflake<br/>3:00- Snack Time<br/>4:00- Music &amp; Memory<br/>5:00-Dinner w/ music</p> | <p>Winter Begins</p> <p>Chocolate candy day</p> <p>28</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Hand Massage<br/>5:00-Dinner sounds</p> |
| <p>29</p> <p>10:30-Scripture Reading<br/>11:00- Exercise<br/>1:00- Paint Me<br/>5:00-Dinner sounds</p>                             | <p>Bacon Day</p> <p>30</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Exercise<br/>2:00- Make a word<br/>3:00- Arts &amp; Crafts<br/>4:00- AMAZEing Puzzle<br/>5:00-Ocean Sounds</p>                        | <p>31</p> <p>10:30-Coffee &amp; Chat<br/>11:00- Balloon Ball<br/>2:00- Color the New Year<br/>3:00- New Years Eve party<br/>4:00- Puzzles<br/>5:00- Broadway Musical</p> <p>New Year's Eve</p> | <h1>December 2024</h1>  |  |  |  |

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|---|--|---|--|---|
| <b>1</b><br>Independent Leisure<br>9:30-Church Service (Chapel)<br>10:00-Daily Chronicles<br>11:00-Scripture Reading<br>3:00-Social Hour(Bar)                        | <b>2</b><br>Fritter Day<br>10:30-Coffee & Chat<br>1:30-Bingo(AR)<br>2:30-Fritters (Ice Cream Parlor)<br>3:00 Social Hour (Bar)<br>3:30- Christmas Facts | <b>3</b><br>10:30-Coffee Time<br>11:00-St.Helena Church (Chapel)<br>2:00-Bible Study(AR)<br>2:30- Trivia Tuesday<br>3:00 Social Hour (Bar)                                      | <b>4</b><br>Cookie Day<br>10:30-Coffee & Cookies<br>2:00-Cookie Baking<br>3:00- Devotions<br>3:00 Social Hour w/ Dale (Bar)<br>6:15-Bingo(AR)  | <b>5</b><br>10:30-Coffee & Facts<br>1:30-Rosary w/St.Peters<br>2:30- Toss it in<br>3:00 Social Hour (Bar)<br>3:30- What's that ?  | <b>6</b><br>10:30-Coffee & Facts<br>11:00- Did you Know?<br>2:00- Stocking Making<br>3:00 Social Hour w/ Nick(Bar)                 | <b>7</b><br>Cotton candy Day<br>Independent Leisure<br>10:00-Breakfast with Santa<br>1:30-Bingo- (AR)<br>3:00-Social Hour (Bar)                 |
| <b>8</b><br>Brownie Day<br>Independent Leisure<br>9:30-Church Service (Chapel)<br>10:00-Daily Chronicles<br>11:00-Scripture Reading<br>3:00-Social Hour (Bar)        | <b>9</b><br>10:30-Coffee & Chat<br>1:30-Bingo (AR)<br>2:00- Brownie Bites (Ice Cream Parlor)<br>3:00- Christmas Cards                                   | <b>10</b><br>10:30-Coffee & Jokes<br>11:00-St.Helena Church (Chapel)<br>2:00-Bible Hour (AR)<br>3:00 Social Hour (Bar)<br>3:30- Name that tune                                  | <b>11</b><br>10:30-Coffee & Fun Facts<br>2:00 Arts & crafts<br>2:00 Pet visits<br>3:00 Social Hour (Bar)<br><b>5:00- 7:00 Christmas Dinner SNF</b>   | <b>12</b><br>Gingerbread house Day<br>10:30-Coffee & News<br>12:00-Amvets Vet.Lunch (Amvets)<br>1:30-Rosary w/St. Peters<br>2:30- Gingerbread cookie decorating (ICP)<br>3:00 Social Hour (Bar) | <b>13</b><br>10:30-Coffee Clutch<br>11:00- Weird animal facts<br><b>2:00- Auction</b><br>3:00-Social Hour w/ Debbie & Wayne (Bar)  | <b>14</b><br>Independent Leisure<br>10:00-Daily Chronicles<br>1:30-Bingo (AR)<br>3:00-Social Hour (Bar)   |
| <b>15</b><br>Lemon cupcake Day<br>Independent Leisure<br>9:30-Church Service (Chapel)<br>10:00-Daily Chronicles<br>11:00-Scripture Reading<br>3:00-Social Hour (Bar) | <b>16</b><br>Chocolate covered Day<br>10:30-Coffee Clutch<br>1:30-Bingo (AR)<br>2:30- Chocolate dipping<br>3:00 Social Hour (Bar)<br>3:30-Disney Trivia | <b>17</b><br>Maple syrup Day<br>10:30-Coffee & Chat<br>11:00-St.Helena Church (Chapel)<br><b>1:00 Resident's Council (DR)</b><br>2:00-Bible Hour (AR)<br>3:00 Social Hour (Bar) | <b>18</b><br>8:00-Veteran's Breakfast @Amvets<br>11:00- Whale Branch Chorus<br>2:30- Make an ornament<br>3:00 Social Hour (Bar)<br>3:30 Devotions<br>6:15-Bingo(AR)  | <b>19</b><br>Oatmeal muffin Day<br>10:30-Hot Chocolate<br>1:30-Rosary w/St. Peters<br>2:00- Ice Cream- Maynard<br>3:00 Social Hour w/ Mike Sweat (Bar)  | <b>20</b><br>10:30-Coffee & Chat<br>11:00- St Nick Facts<br>3:00 Social Hour (Bar)   | <b>21</b><br>Ugly sweater Day<br>Independent Leisure<br>10:00-Daily Chronicles<br>1:30-Bingo (AR)<br>3:00-Social Hour (Bar)                     |
| <b>22</b><br>Date nut bread<br>Independent Leisure<br>9:30-Church Service (Chapel)<br>10:00-Daily Chronicles<br>11:00-Scripture Reading<br>3:00-Social Hour(Bar)     | <b>23</b><br>10:30-Coffee Bar<br>1:30-Bingo (AR)<br>2:30- Arts & crafts<br>3:00 Social Hour (Bar)<br>3:30 - Hangman                                     | <b>24</b><br>Eggnog Day<br>10:30-Coffee Clutch<br>11:00-St.Helena Church (Chapel)<br>2:00-Bible Study (AR)<br>2:30- Eggnog tasting (ICP)<br>3:00 Social Hour (Bar)              | <b>25</b><br>Pumpkin Pie Day<br>10:30-Coffee Club<br>3:00 Social Hour w/ Jim Seem (Bar)<br><br><b>Merry Christmas!</b><br><br>Hanukkah Begins<br>Christmas   | <b>26</b><br>10:30-Hot Chocolate<br>1:30-Rosary w/St .Peters<br>2:30- Birthday Bash<br>3:00 Social Hour w/ Mike Sweat (Bar)<br>3:00 Kwanzaa Trivia<br><br>Kwanzaa                               | <b>27</b><br>Make a snow flake Day<br>10:30-Coffee & Chat<br>11:00- Rhyme Time<br>2:30- Make a snowflake<br>3:00 Social Hour (Bar) | <b>28</b><br>Winter Begins<br>Chocolate candy Day<br>Independent Leisure<br>10:00-Daily Chronicles<br>1:30-Bingo (AR)<br>3:00-Social Hour (Bar) |
| <b>29</b><br>Independent Leisure<br>9:30-Church Service (Chapel)<br>10:00-Daily Chronicles<br>11:00-Scripture Reading<br>3:00-Social Hour(Bar)                       | <b>30</b><br>Bacon Day<br>10:30-Coffee Clutch<br>1:30-Bingo(AR)<br>2:30- Make & take<br>3:00 Social Hour w/ Nick (Bar)<br>3:00-Bacon Trivia             | <b>31</b><br>10:30-Coffee & Jokes<br>11:00-St.Helena Church (Chapel)<br>2:00-Bible Hour (AR)<br>2:30 New Year's Eve Party<br>3:00 Social Hour (Bar)<br><br>New Year's Eve       |  <h1 style="font-size: 4em; margin: 0;">December 2024</h1>  <p><b>** Activities done in Ice Cream Parlor unless specified differently **</b></p> |   |  |   |